

# Manaslu Circuit Deluxe Trek



Duration :	14 Days
Group Size:	1+
Max. Elevation:	5160M
Best Season	March - May and Sep - Nov
Trip Grade	Moderate
Transportation	Private Car and Jeep
Meals	B+L+D
Trip Route	Machhakhola - Jagat - Deng - Samagaun - Samdo - Dharmasala - Larkya La Pass 5160M - Bhimthang - Tilije - Besisahar

## Trip Overview

**Manaslu Circuit Deluxe Trek** is a luxurious cultural trek that has some adventurous highlights. Often seen in the high-altitude treks in the area. Accompanying the landscapes of the eighth-highest mountain in the world: [Mount Manaslu](#) (8,163m), this trek includes beautiful snow-capped mountains, a cultural experience, and one of the most challenging treks of the world, Larkya La Pass (5,160 m).

This type of trekking, as it is with most other luxurious experiences, promises better lodges, meals, and transport. For those energetic enthusiasts interested in a taste of the adventurous, thrilling experience in style.

This is our 15-Day Evergreen Forest, Rice Terraces, Monasteries, and Delight Tibetan Style Village Tour. The Deluxe Manaslu Circuit Trek will include the following professional services: professional guides, transportation, and deluxe tea house lodges.

### Price for Manaslu Circuit Deluxe Trek

Depending on the comfort level and service that is provided on the Manaslu Circuit Deluxe Trek, the cost. It varies between USD 1,500 and USD 2000 for the package of 14 to 17 Days. This cost encompasses many requirements that are of paramount importance in the journey before it can embark on.

To start with, the forbidden permits for the trek include the [Manaslu Restricted Area Permit](#) which goes for a hundred US Dollars for the initial seven days of the main trekking season (September to November) and seventy-five US Dollars for the remaining periods that comprise December to August plus ten US Dollars for every successive day. You will also need the Manaslu and Annapurna Conservation Area Permit, each costing the individual US\$ 30.

It has other packages; the deluxe is also associated with better accommodation facilities. Lodging: In member's price per person: Tea Houses for 4 nights - 2,000 to 4,000 US Dollar Trail Meals Foods for 4 nights Alcohol beverages Advanced base camp for three nights - 800 to 1,400 US Dollar Basic luxury hotel at Kathmandu for one night - 1,000 to 1,500 US Dollar.

Meals and drinks are normally provided. The daily food account cost of higher quality foods is between \$25 and \$35, while drinks may be an added expense.

Some important things include guides, and porters with experience, the guide costs \$30-\$50 per day, while the porter costs \$20-\$30 a day.

Discover a solution to the challenge of having to choose between comfort and adventure—the Manaslu Circuit Deluxe Trek. May the beauty of those giants wash your soul, and the hospitality of Nepalese people make your journey outstanding.

## Outline itinerary

**00: Application to enter International Airport Nepal which is at an altitude of 1,350m.**

**Time:** 30:00 M **Accommodation:** Hotel

**00: They called it the Equipment and Legal Documents Preparation Day.**

**Meals:** B **Accommodation:** Hotel

**01: Kathmandu - Sotikhola to Machhakhola (867m)**

**Time:** 6-7 Hours drive/155KM **Meals:** B+L+D **Accommodation:** Lodge

**02: Trek from Machhakhola to Jagat (1,410m) via Khorla Bensi and Dovan**

**Time:** 6-7 hours walk/17.4KM **Meals:** B+L+D **Accommodation:** Lodge

**03: Trek from Jagat to Deng (1,350m) via Pawa**

**Time:** 6-7 hours walk/18.5KM **Meals:** B+L+D **Accommodation:** Lodge

**04: Trek from Deng to Namrung (2630m) via Rana and Bihi Phedi**

**Time:** 7-8 hours walk/17KM **Meals:** B+L+D **Accommodation:** Lodge

**05: Trek from Namrung to Lho (3,180m) via Lihi**

**Time:** 3-4 hours walk/9.5KM **Meals:** B+L+D **Accommodation:** Lodge

**06: Trek from Lho to Samagaun (3,525m) via Syala**

**Time:** 3-4 hours walk/7.5KM **Meals:** B+L+D **Accommodation:** Lodge

**07: Rest Day in Samagaun (3,525m) | Side Trip to Manaslu Base Camp or Pungyen Monastery**

**Time:** 4-5 hours walk/10KM **Meals:** B+L+D **Accommodation:** Lodge

**08: Trek from Samagaun to Samdo (3,875m)**

**Time:** 3-4 hours walk/8.2KM **Meals:** B+L+D **Accommodation:** Lodge

**09: Trek from Samdo to Dharamsala (4,460m) via Larkye Bazaar**

**Time:** 3-4 hours walk/6.5KM **Meals:** B+L+D **Accommodation:** Lodge

**10: Cross Larkya La Pass (5,160m) and trek to Bimthang (3,590m)**

**Time:** 8-9 hours walk/16KM **Meals:** B+L+D **Accommodation:** Lodge

**11: Rest Day in Bimthang**

**Time:** 2-3 hours walk around **Meals:** B+L+D **Accommodation:** Lodge

**12: Trek from Bimthang to Tilije (2,300m) via Yak Kharka and Gho**

**Time:** 6-7 hours walk/18KM **Meals:** B+L+D **Accommodation:** Lodge

**13: Trek from Tilije to Besisahar (700m) via Dharapani**

**Time:** 4-5 hours' drive/50KM **Meals:** B+L+D **Accommodation:** Lodge

**14: Drive from Besisahar to Kathmandu (1,350m)**

**Time:** 7-8 hours drive/175KM **Meals:** B+L **Accommodation:** Hotel

## Costs Included

- Pick up and drop service from the airport.
- 2 nights 4 star hotel in Kathmandu on BB Plan.
- Kathmandu to Machhakhola by private jeep.
- Tilche to Besisahar by private jeep.
- Besisahar to Kathmandu by private car.
- Three meals daily (Breakfast, Lunch, and Dinner along the trek).
- Lodge accommodation is on the way (Attached rooms are available in other places).
- An experienced guide (including his salary, equipment, insurance, transportation, lodge, and food).
- Porter (carry luggage 2 trekkers 1 porter and including their salary, equipment, insurance, lodging, and food).
- Equipment; Down Jacket, Sleeping Bag.
- Legal documents (MCAP permit, Manaslu restricted area permit, and ACAP).
- Local Government Fee.
- Token of love from the company.
- First aid medical box.
- City and trekking map.
- Fresh and dry fruits for trekking.
- All Government Taxes.
- Farewell dinner/with Nepali culture dance.

## Cost Excluded






- Extra night accommodation in Kathmandu.
- Travel insurance in case during trekking.
- Hot and Cold drinks such as; Tea/Coffee, Coke, Mineral Water, Beer, etc.
- Personal expenses (laundry, telephone, extra helper, battery charge shower, and boiled water).
- Tips for guide and porters.

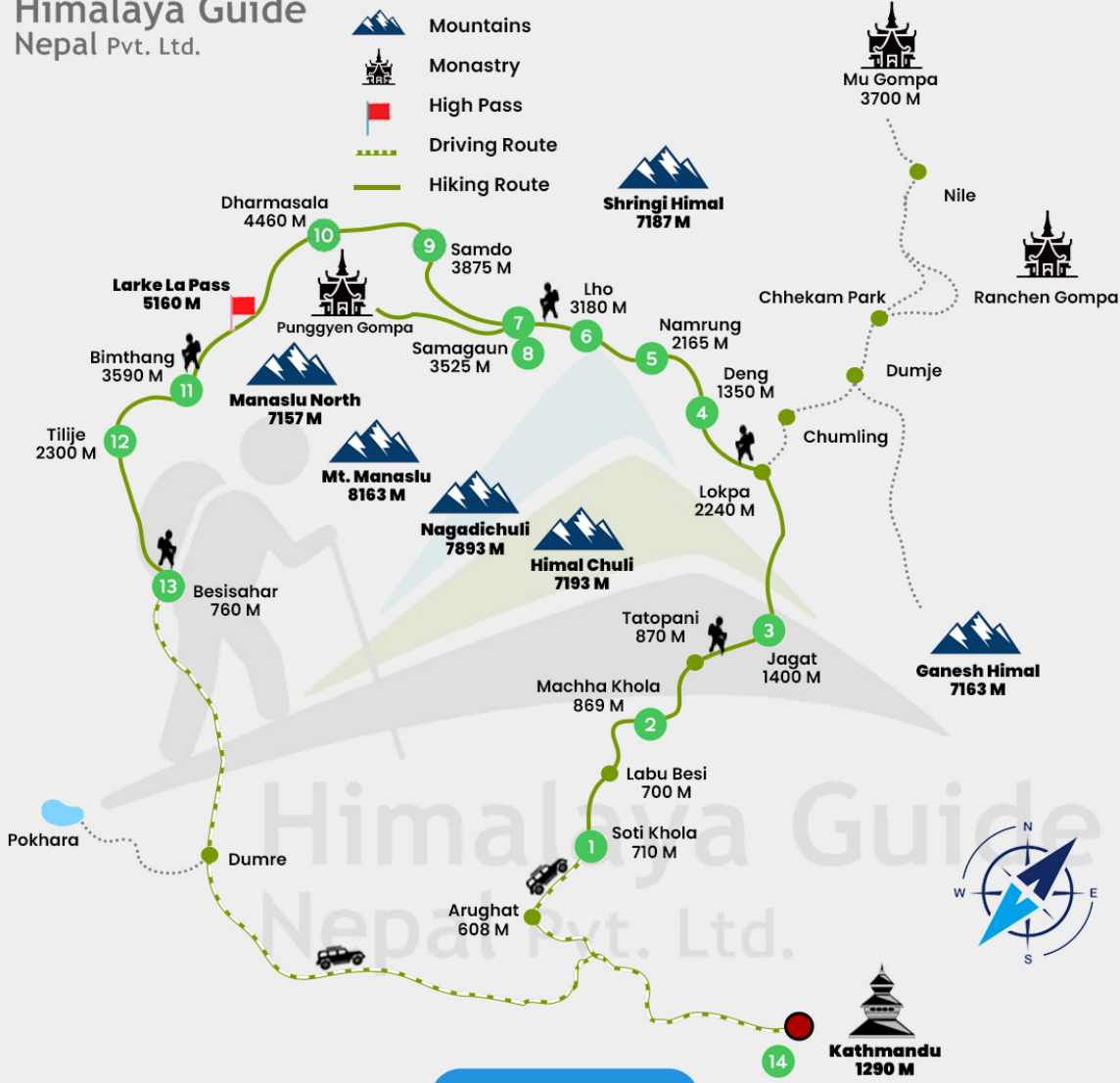
# Manaslu Circuit Trek Route Map - 14 Days



Himalaya Guide  
Nepal Pvt. Ltd.

## Legend

-  Mountains
-  Monastery
-  High Pass
-  Driving Route
-  Hiking Route



## Altitude Chart



## Your Journey day by day

### **00: Application to enter International Airport Nepal which is at an altitude of 1,350m.**

**Time:** 30:00 M **Accommodation:** Hotel

When you reach "Tribhuvan International Airport" in Kathmandu, our representative will ensure to pick up and transfer you to a deluxe hotel. A briefing concerning the trek shall have been done in the evening.

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### **00: They called it the Equipment and Legal Documents Preparation Day.**

**Meals:** B **Accommodation:** Hotel

This is a day for completing work on the permits and making certain all the trekking equipment is in the correct place. This is a good time for you to travel and discover the cultural aspects of the Kathmandu Valley.

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### **01: Kathmandu - Sotikhola to Machhakhola (867m)**

**Time:** 6-7 Hours drive/155KM **Meals:** B+L+D **Accommodation:** Lodge

Fine landscape and picturesque mountainous area, village, and terraced rice paddies reach Soti Khola, the beginning point of the trekking. Gain experience in sharing a car ride in a private jeep. It passes through the forests, suspension bridges, and some pretty little villages. This will help you appreciate the calmness of the Budhi Gandaki River valley before reaching Machhakhola.

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### **02: Trek from Machhakhola to Jagat (1,410m) via Khorla Bensi and Dovan**

**Time:** 6-7 hours walk/17.4KM **Meals:** B+L+D **Accommodation:** Lodge

The day's journey includes a gradual climb through the forest and ridge crossing lovely villages like Khorla Bensi and Dovan. The cultural theme of Jagat is practicing Tibetan art and culture to welcome you.

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### **03: Trek from Jagat to Deng (1,350m) via Pawa**

**Time:** 6-7 hours walk/18.5KM **Meals:** B+L+D **Accommodation:** Lodge

Enjoy the scenic views of fields in terracing forms, water, and forest pathways. It comes up and down steep slopes which allows to witness views over the Himalayas and taste some of the Tibetan flavors.

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### **04: Trek from Deng to Namrung (2630m) via Rana and Bihi Phedi**

**Time:** 7-8 hours walk/17KM **Meals:** B+L+D **Accommodation:** Lodge

Touch nature with different geography, from riverine zones to mountain subalpine meadows. Namrung, with its gracefully astonishing view of Mt. Manaslu, boasts of monasteries and typical Tibetan houses.

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### **05: Trek from Namrung to Lho (3,180m) via Lhi**

**Time:** 3-4 hours walk/9.5KM **Meals:** B+L+D **Accommodation:** Lodge

Drive through such beautiful villages as Lhi where you will see the fascinating mani walls and chortens. Get to Lho and there is a good view of the Manaslu range of mountains.

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### **06: Trek from Lho to Samagaun (3,525m) via Syala**

**Time:** 3-4 hours walk/7.5KM **Meals:** B+L+D **Accommodation:** Lodge

Usually, it takes not very long, leaving enough time to be impressed by the views. The trail provides such outlook on some peaks and ends at the culturally vibrant village of Samagaun.

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### **07: Rest Day in Samagaun (3,525m) | Side Trip to Manaslu Base Camp or Pungyen Monastery**

**Time:** 4-5 hours walk/10KM **Meals:** B+L+D **Accommodation:** Lodge

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Samagaun is one of the simplest and most natural villages in this region; therefore it would be advisable to spend the better part of the day simply tour around the village. Some interesting excursions can be such as a trek to Manaslu BC or a visit to Pungyen Monastery - a quiet place.

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## **08: Trek from Samagaun to Samdo (3,875m)**

**Time:** 3-4 hours walk/8.2KM **Meals:** B+L+D **Accommodation:** Lodge

The trail then gradually climbs following the Budhi Gandaki River. Some trips can provide beautiful slope views and an understanding of the life of the local population - Samdo, an ancient Tibetan village.

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## **09: Trek from Samdo to Dharamsala (4,460m) via Larkye Bazaar**

**Time:** 3-4 hours walk/6.5KM **Meals:** B+L+D **Accommodation:** Lodge

After the crossing of the bridge the trail initiates a gradual ascent towards Dharamsala, the starting point of Larkya La Pass. Take some time to enjoy the peace of the place and get ready for the hardest part of the trek.

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## **10: Cross Larkya La Pass (5,160m) and trek to Bimthang (3,590m)**

**Time:** 8-9 hours walk/16KM **Meals:** B+L+D **Accommodation:** Lodge

The most thrilling part of the trek is the Larkya La Pass giving tremendous glances at Himlung Himal, Cheo Himal, and Annapurna II. It is advised to descend to the beautiful Bimthang village.

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## **11: Rest Day in Bimthang**

**Time:** 2-3 hours walk around **Meals:** B+L+D **Accommodation:** Lodge

After the stressful pass crossing, take a break and have some rest in Bimthang. Walk around the village and get wonderful views of the mountains in the area.

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## 12: Trek from Bimthang to Tilije (2,300m) via Yak Kharka and Gho

**Time:** 6-7 hours walk/18KM **Meals:** B+L+D **Accommodation:** Lodge

The trail continues through the area through which rhododendrons and alpine meadows grow. It is indeed a delight to find a comfortably settled village and Tilije is one such village.

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## 13: Trek from Tilije to Besisahar (700m) via Dharapani

**Time:** 4-5 hours' drive/50KM **Meals:** B+L+D **Accommodation:** Lodge

Today, after a good night's sleep we head to Dharapani and take just a taxi to Besisahar thus completing the trekking route.

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## 14: Drive from Besisahar to Kathmandu (1,350m)

**Time:** 7-8 hours drive/175KM **Meals:** B+L **Accommodation:** Hotel

Be transferred back to Kathmandu by private/public transport. Enjoy and savor your last moment of the trek with a farewell dinner and looking back on the fantastic journey.

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## Contact Us

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